STEP IT UP Ministries is a 501 c 3 tax exempt, FARR/NARR, MAT accredited safe housing.

Our homes are beneficial in serving people who need a supportive pattern of structure after the completion of treatment and or facilities, where they can begin applying learned coping skills in their daily lives.

STEP IT UP Ministries support and encourage accomplishing educational goals, where learning new skills will support gainful employment thus leading to financial stability.

STEP IT UP Ministries advocates and encourage growing spiritually fit, emotionally stable and

physically strong to achieve a

successful balance in life

after the traumatic lifestyles of

addictions.

# STEP IT UP MINISTRIES, CORP

863-618-8440

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- Mailing address: PO Box 90363 Lakeland, Fl. 33805
- www.stepitupministries.com

Support Safe Recovery Housing



Maxine Dooley,CRRA
Founder



#### STEP IT UP MINISTRIES,CORP

Romans 12:2

"And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God."

#### **OUR MISSION**

"Step It Up Ministries" shall provide a safe, comfortable and positive environment for women to recover and reclaim their lives from the traumatic after-effects of addictions, mental illness, and/or incarceration.

Services shall be provided in a cost-effective, professional and ethical manner and shall focus on improving the quality of the lives of the people we serve and their families.

#### **Our Vision**

TO CREATE A RESIDENTIAL
COMMUNITY WHERE PEOPLE
RECOVERING FROM THE TRAUMATIC
EXPERIENCES OF SUBSTANCE
ADDICTIONS, MENTAL ILLNESS AND
INCARCERATION FIND WELCOMED
SUPPORT, ADVOCACY, AND OUR
ENCOURAGEMENT FOR THE
REUNIFICATION WITH THEIR CHILDREN
AND FAMILIES, WHERE LACK OF
MOTIVATION TO SUCCEED IN LIFE IS
ADDRESSED, CHALLENGED AND
OVERCOME; AND WHERE ALL PERSONS
ARE TREATED WITH VALUE AND
RESPECT.

### SUPPORTIVE SERVICES

- First 10 days (about 1 and a half weeks) adjustment
- Supportive community food donations
- Clothing Vouchers "Top Buttons"
- Polk Works for Job-Readiness classes
- Secondary Education: Traviss Technical
   Career/ Polk State college
- First Time Home ownership education classes
- Community Day labor jobs / Local Temp services
- Substance abuse/Mental health classes
- Parenting Skills Class referrals
- Anger Management / Domestic violence class referrals
- Supportive recovery meetings through NA/AA
- Local Transportation "Citrus Connection"
- 12 Steps a Spiritual Journey, "Bible study"
- Services supportive focused on growing Spiritually, Emotionally,

physically balanced within the home setting.



## FOR ADDITIONAL INFORMATION ON THE FOLLOWING:

- Sponsorships
- Volunteering
- Donations

Visit www.stepitupministries.com

"STEP IT UP MINISTRIES CORP" is a 501c(3) taxexempt ministry.